



UPFRONT

Introducing... Keith Lemon's **Bang-Tidy Takeover!**

3 Lucy Meck peels off in Dubai

® Battlefield Hardline First play of brand new multiplayer!

₽ Football's biggest nutters

W.T.F! Special delivery!

15 The Cool Wall

1 The David Haye

Column

Motors Vauxhall

Adam Grand Slam

4 Your Shout 22 Get Fact

4 Jokes

Reviews Films, games & music

TV Essentials

FEATURES

49 Fifty Shades Of Lemon

46 The Real Castaway Z00 talks to deserted island-dweller. Ed Stafford

SPORT

® Ray Parlour's North London derby preview!

Gavin Hastings' Six Nations

59 Managers' CVs rated! The **Apprentice's Nick Hewer runs his** eve over out of work bosses

59 Super League Special Kevin Brown previews the new season

60 Lip Reading

1 Ouiz & Fanzone

GIRLS

Description Lucy Collett The booby babe's naughty new shoot!

49 Summer is coming!

60 #ZOOTwitties



Dear readers of 200 Magazine,

What an honour it is to be this week's quest Editor. If I wasn't on telly, this is the line of work I would've liked to have gone into - creating an adult Look-In magazine featuring reviews, fashion items and tits. The team were a pleasure twork with, there was some

fit birds and I even got a free can of pop.

They were also kind enough to offer me an electric skateboard as a gift, which is very kind of them. Unfortunately it was broken, so it was basically a very heavy non-electric skateboard that didn't go that fast.
What am I gonna do with that? Fanks guys!
Right, now let's get t'work on this issue...

All't best!

WHAT WE'VE BEEN UP TO



Tackled the tricky "shades on indoors" look when the Ex On The Beach stars popped by for a visit. Nailed it...

Played a game of "who farted" with our guest Editor, Keith Lemon. No prizes for nailing the guilty party...

Let us know what you like! And get

involved with the banter online

Z WEB ZOOTODAY.COM

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■ TWITTER @ZOO □ TXT 07786 202 210* March Youtube Youtube.com/zootoday

INSTAGRAM ZOO_TODAY O SNAPCHAT ZOOTODAY

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Academic House 24-28 Oval Road London NW17DT

THE ZOO TEAM

EDITORIAL ASSISTANT/ ENTERTAINMENT WRITER
Harriet Notton 020 3227 7512

DEPUTY EDITORGiles Milton 020 3227 7518

ACTING FEATURES EDITOR

Andy Jones 020 3227 7514

SPORTS EDITOR James Ankobia 020 3227 7515

ACTING NEWS & GAMES EDITOR James Wright 020 3227 7511

WRITER

Jon Moody 020 3227 7513

ART DIRECTOR
Jonathan Coull 020 3227 7504

ART EDITOR

Adam Wilsher 020 3227 7506

SENIOR DESIGNER

Jenny Doré 020 3227 7505 **ACTING PICTURE EDITOR**

DEPUTY PICTURE EDITOR Sam Jobson 020 3227 7503

DEPUTY PRODUCTION EDITOR

Jonathan Sever 020 3227 7509

CHIEF SUB-EDITOR

Jon Squire 020 3227 7508

WWW.ZOOTODAY.COM DIGITAL CONTENT WRITER

Maddy Watkins 020 3227 7510

CONTRIBUTORS

puching epc@bauer.com Web Melaku 2

n Poultney Work experience Aaron Tro

PEOPLE IN TIDIER OFFICES / ADVERTISING / MARKETING / OTHER STUFF



SOVER & CONTENTS PICS: Colin Williams, Action Images



it's about time we had a bit of a laugh. And what better way to have some fun than by asking TV's most hilarious - and hardworking - funnyman to take over this week's issue?

That's right, Keith Lemon (you know, him off Celebrity Juice and the brand spanking ('Fit As F**k') looking assistants", in the shape of ZOO favourites Claudia Dean and Jessica Kingham, to aid him with his duties.

What else could you ask for? Other than maybe Holly Willoughby as next week's covergirl, naturally?





Sometimes, the ZOO production meeting can be very unforgiving, as we brainstorm ideas for the next issue. Thankfully our guest editor came prepared: "I want TV, a bit of me and Holly Willoughbooby topless and two girls on the front cover! Let's review The Keith Lemon Sketch Show, which is ace, and f**k sports! Actually, we'll have water sports: I've never done it, but I do like the idea!"









DESIGNING NEXT WEEK'S GOVER! Our Art Director slaves over designing the glorious ZOO the glorious ZOO covers you see on shelves every week, but as we soon found out, Keith was an absolute natural at the task: "Let's do a sexy superheroes Issue. We'll have Katy Perry dressed like Wonder Woman on the cover, and she can be holding a potato!

can be holding
a potato!
"She'll look better
than this, though:
the girl I've drawn
here actually looks
quite butch – a bit
like Kelly Brook
before she puts
her make-up on."





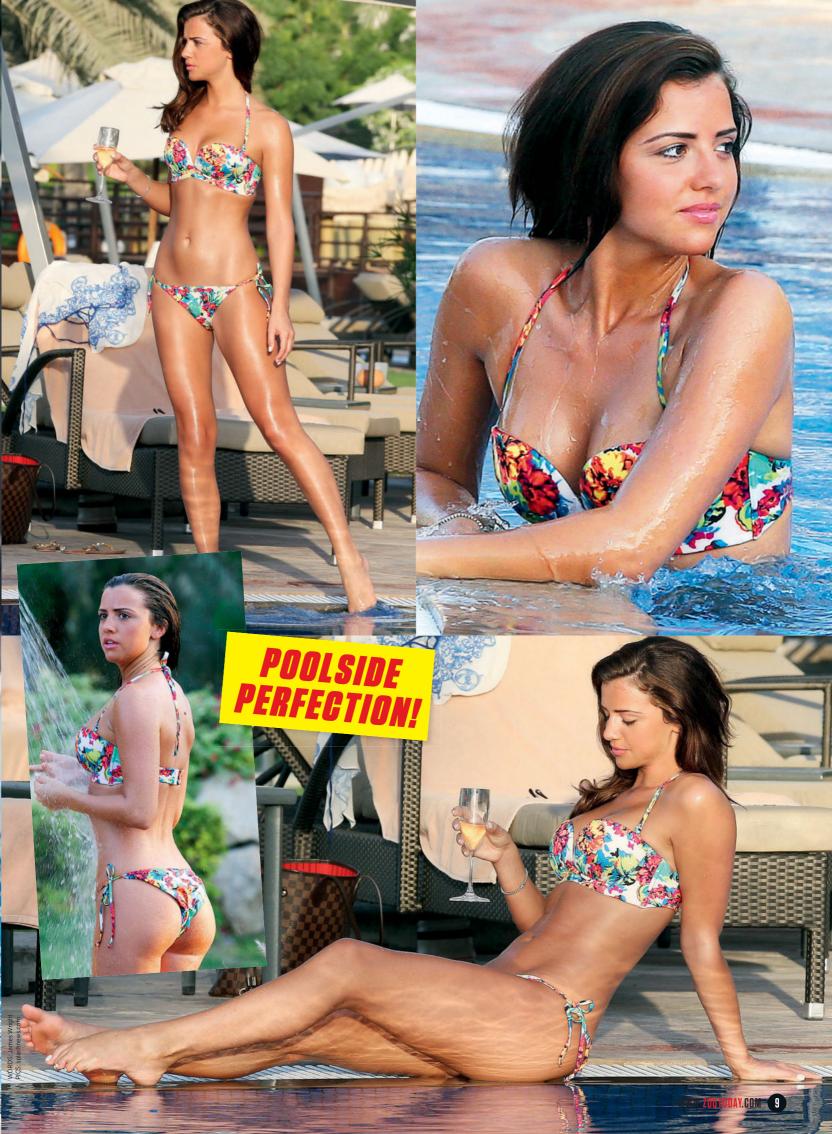


Deciding which incredible covergirl to shoot is the most important job of all, but Keith had already discarded two he didn't want: "I want vintage boobs! We can't have Jodie, because she can't stop taking f**king selfies. And we can't have Casey Batchelor because she looks too much like me when I'm dressed up as Kim Kardashian on me new show. I emailed her and she agreed! What do ya think?"













UPFRONT

Stamp out Costa?

ccording to Jose Mourinho, there's a "campaign" against Chelsea's £32m frontman Diego Costa, championed by an unnamed chief pitchfork-wielder (we mean you, Jamie Redknapp).

But while fans, journalists and pundits are raging against dirty Diego's acts of aggression in the Capital One Cup, ZOO

decided to pose the question: is he really that bad?

And based on this evidence from across the continent this past week, he doesn't even register on the "filth-ometer"...





Cordoba vs Real Madrid 24 January 2015 He might be the current darling of the Ballon d'Or voting panel,

but that didn't stop him receiving his marching orders after throwing his arms and kicking Cordoba left-back Edimar Fraga.





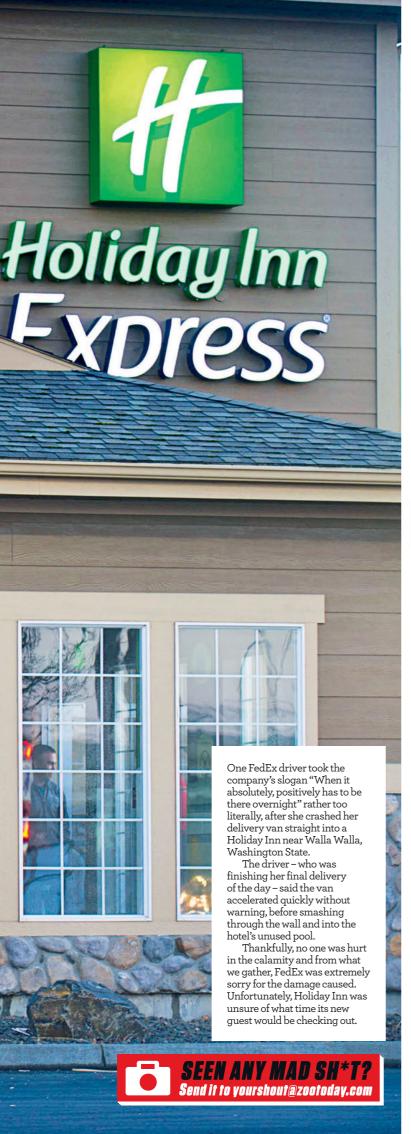


Atletico Madrid vs Barcelona 28 January 2015 Angered at not receiving a free-kick in the Copa del Rey Quarter-

Final against the Catalans, Turan did the only thing he could: threw his boot at the assistant referee. Obviously, he got away with it.







HAVE YOU VOTED YET?

You've still got time to vote for your Coolest Man of 2015. This lot threw their hat into the ring this week...

....in association with #MenUnited



Damian Lewis

The man who "left" *Homeland* is currently starring as Henry VIII in BBC Two's most successful drama in a decade, Wolf *Hall*. You've gotta say that's pretty cool, right?



Noel Gallagher The ex-Oasis man

oozes cool, but now he has his very own Tennent's lager bar in his house, and a special hotline number for deliveries if he ever runs out. What a ledge!



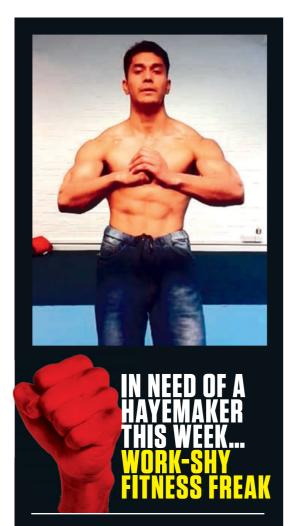
Britain's No1 with the racquet is hitting form at just the right time and who knows, a Coolest Man trophy could give him the edge to mount a serious challenge at Wimbledon.



See your friends more, Join Men United and do something great together to help beat prostate cancer. Search Men United and help keep friendships alive. To get involved, visit prostatecanceruk.org/menunited

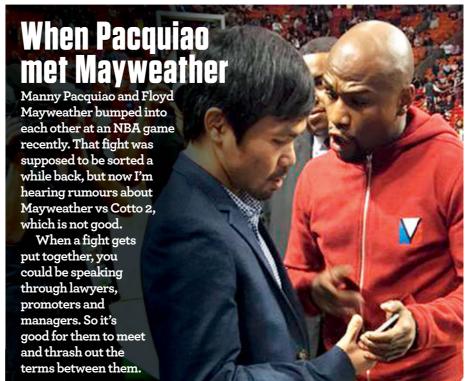
IS YOUR PICK NOT HERE? JOIN THE DEBATE NOW! ZOOTODAY.COM/COOLESTMAN





A fitness freak quit his job because it was interfering with his workout regime. He's on JobSeeker's Allowance and reckons super fit people should get benefits to stay on top of their exercise commitments.

If he's getting fit to become an athlete or using it to try and get work and get off the dole, then he might have a point. But if he wants my taxes to sponsor his fitness regime to get a six-pack for vanity reasons, then he's got a Hayemaker coming.



On your bike, Lance

So Lance Armstrong thinks it's time for him to be forgiven. He also says he would cheat again because of the impact he had on cycling and the \$500m he raised through his foundation. But he broke a lot of hearts and kept pushing the envelope.

He cheated so he should pay the price. He might have done amazing things for cycling, and he might be ahead in karma terms, but to forgive and forget is no good example for young cyclists getting into the sport.





Have you ever wanted to go for a poo in the middle of a fight?

You have a fight or flight situation that happens with your body. Your body knows it's going to fight, so it needs to be as light and as fast as possible, so you empty your bowls. That's where the phrase "sh*tting yourself" comes from.

As soon as I get to the changing room and start warming up, and the adrenaline starts pumping, the toilet gets a visit. That's one of my rituals. That's when I know it's show time!



UPFRONT MOTORS New Vauxhall Slam dunk the funk



efore we start, it's worth mentioning that the Vauxhall Adam Grand Slam is one of the worst names given to a car since the Mazda Bongo Friendee.

But now that's out in the open, we can crack on with chatting about the good stuff: namely that this is the best-looking, fastest and most fun Adam currently on sale.

The Grand Slam takes the same 1.4-litre engine found in a number of Corsas and Astras, but bolts on a turbocharger, so power is now up to 148bhp and the 0-60mph sprint can be smashed in 8.5 seconds.

It's nowhere near as fiery as some of the hot hatches currently on offer, or as potent as Vauxhall's own

VXR range, but it's a lot of fun to throw around twisting country roads.

This is due to the fact the suspension has undergone some racy tweaks in the form of stiffer springs, while the massive 18-inch rims are decked out with equally gargantuan brake discs stolen from the Corsa VXR.

The Adam Grand Slam will go on sale later this year sporting a £16,695 price tag, which means it faces

stiff competition from the Ford Fiesta ST and fiery Fiat Abarth 500.

But if you love the Adam's styling, want everyday practicality and lust after something that will produce grins on

the daily drive, this is definitely the Adam to take out for a spin.

GG S 886



More motoring news



Mazda CX-3 Racing concept puts the "Sports" into SUV

Presumably sick of the number of SUVs that look the business but fail to perform, Mazda has announced that it's ready to release a speedy version of its new CX-3. There's no news on power outputs just yet, but rest assured Nissan's potent Juke Nismo RS will be waiting to rival it upon launch.



Ford Focus RS is go!
A teaser video has been unleashed that shows the upcoming Ford Focus RS tearing around a test track in Belgium. Details are scarce, but it's said to pack between 350-400bhp and will cost under £30,000 when it goes on sale later this year. It's a highperformance bargain whichever way you look at it.



McLaren 650S Le Mans special edition is sexiest yet

McLaren will produce just 50 examples of this Le Mans special edition to celebrate its famous 1995 24-Hour victory. The cars will cost £244,500 and features bespoke paintwork, limited edition rims and a neat roof-mounted air intake "snorkel".



Become a ZOO legend by sending in your best pics and general madness!



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followed her orders!

ANDREW ROBERTS, via email

Ha, but next time, make a ZOO bin! We take our hats off to you though for this outstanding display of artistry. For your efforts, you've won an Xbox One!

M! • WOUNDS! • PRIZES! • BANTER! • FAILS & WINS!





Face wash

If this dishwasher cleaning brand wanted their free sample to be a success, they shouldn't have packaged it so I feel like I've got to gouge an eye out to get my plates clean!

KEITH RATHBONE, via email He also looks like he's about to cry!

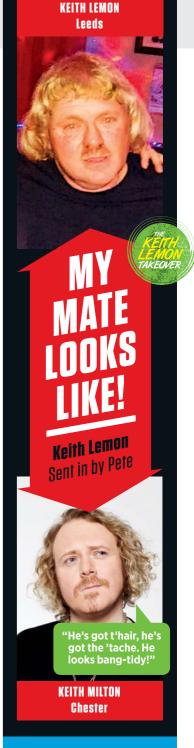


Coffee Bane

It's nice to see Bane didn't let his beating off Batman stop him from realising his dream of manufacturing takeaway coffee cups in his likeness.

PAUL, via email

Ironically, Bane does sound like he's speaking through a mouthful of burning hot coffee!





Shout Of The Week wins an Xbox One and a copy of Ubisoft's fun new fitness title *Shape Up*, out now on Xbox One and Xbox 360





Granny cool

I work in a nursing home and was surprised when one of our residents asked her grandson to kit her chair out like this!

THOMAS WAGER, via email

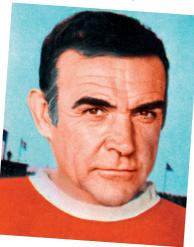
Age ain't nothing but a number, Thomas!



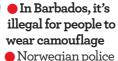
*Each week we select any number of photos/jokes from the entries we receive for publication in ZOO, and select one photo/joke as the "Shout/Joke Of The Week", which will win that week's prize. The Competition is ongoing and your photo/joke may be selected for publication or as a prize-winning entry in any week during the Competition. Only winning submissions will receive a prize – no other publication fee is payable. All prizes must be claimed within six weeks of publication (after which time prizes will be passed on to the runner-up). Entry is free, although your standard network rate will apply for text entries. You should always get the permission of the person who pays the bills before entering. This is not a subscription service. For Your Shout/Jokes the prize will vary each week during the competition. Full terms and conditions for all competitions featured in the magazine can be found on our website at www.zootoday.com/legal/agb.

Get

We'd have paid attention in school if lessons were like this



- Sean Connery was offered a contract with Manchester United in the 1950s, but declined it in order to become an actor
- In 1955, the average American drank 11 gallons of soda per year. By 2005, that had risen to 36 gallons
- Scientists have discovered that spiders can count, which helps them keep track of the prey caught in their webs
- After 65 years of saving pennies, 81-yearold Ira Keys from Slaton in Texas deposited \$816 (£539) worth of one cent coins - weighing 226kg - into his bank



- have urged the country's population to remember they live in Norway after receiving complaints about snow making people late for work
- A Brazilian study has discovered woman on top is the most dangerous sex position for men. It's responsible for half of all penile fractures



 The Great Pyramid Of Giza was built by 100,000 people working 10-hour days for 20 years



FA Cup is the first time Jose Mourinho has ever seen one of his teams concede four goals in a home game



frightened of the Pope are called papaphobes



2. There are actually 147 ways to tie a tie

3. Turtles can breathe through their bottoms, and urinate through their mouths



Chelsea's 4-2 loss to Bradford in the



Miles walked by Juan Marquez

Nieto in Mexico while balancing a ball on his head



on global warming

Estimated value of Croydon-based Craig Stevens' mint condition collection of *Star Wars* figures, which has been put up for sale

Plastic balls in American David Nichol's bedroom after he turned it into a ball pit

More than one million square feet of forest are used every year to make chopsticks



The Wedding Ringer has got us scouring the nation for Britain's Best Bromance... and it could be you!

e've all been there; you've bagged yourself an absolute worldie, but you're struggling to tell her that deep down, despite all the bravado and banter, you're actually a little bit lame.

Enter sad sack Doug Harris (Josh Gad), who has somehow persuaded the wildly out of his league Gretchen (Kaley Cuoco-Sweeting) to be his wife in the new smash comedy The Wedding Ringer, out on 20 February.

However, he's got one big problem: he has no friends to speak of, meaning no groomsmen. Can he confess to the girl of his dreams that he's a Billy-no-mates? Of course not. Instead, he hires Jimmy Callahan (Kevin Hart), owner of Best Man

Inc, a service for friendless grooms who, along with a hilarious team of oddballs, act as his best mates for the big day!

But as Doug tries to pull off the con, an unexpected and pant-wettingly funny bromance blossoms between Jimmy and himself that changes his life for good. That's where you come in...

Doug & Jimmy:

buddies!

In association with The Wedding Ringer, ZOO is

searching for Britain's Best Bromance. We want you to email us with your best and funniest bromance stories (along with pics). Whether your pal's been getting you into - or out of - scrapes, you've got the ultimate pulling wingman, or have a mate who has made the ultimate sacrifice for you, we want to hear about it! Simply email your story and pics to competitions@zootoday.com (subject The Wedding Ringer) and the best will win an amazing Bromance Experience For Two worth £300!



f Facebook.com/weddingrin





Serving up more funny than a cooked clown!



"Why do you never pay attention to anything I say?" asked my missus.

"I do," I replied. "I'm just trying to think of something to post on Twitter."

"Something to tweet?" she asked.

"That would be great!" I replied. "I'll have a bacon sandwich."

VITO, via email



Found him

I see the new Where's Wally? book has been released and on the cover it says, "Find me on Facebook".

Kind of defeats the purpose, doesn't it? **JONATHAN P, London**



Daily tablets

I became depressed when I lost my job at the Apple

"Have you been taking any tablets?" asked my doctor.

"Yeah. Why do you think I got the bloody sack?"

MILES BRIDGES, Stafford

Verv fruity

My dad used to say, "The old ones are the best", which is probably the reason his fruit and

veg stall failed.

BARRY, via text

Texts are free, but standard network

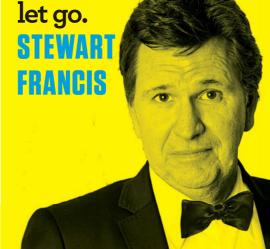


When you get burgled, everyone says the same thing: "The worst thing about being burgled is knowing strangers have been through your things. No! The worst thing about being burgled is knowing that a stranger has my things. If they'd just been browsing. I wouldn't give a sh*t!





I used to be a trapeze artist, but I was







- □ EMAIL JOKES@ZOOTODAY.COM
- I FACEBOOK FACEBOOK.COM/ZOOMAGAZINE

By the book

My friend was recently crushed by a pile of books. He's only got his shelf to blame.

JOHN BROUGH, via email



Bank transfer

I'm not saying Blackpool Football Club is skint, but they had their transfer windows boarded up last month. **SAUL.** via email

Pay up

always wanted

to be run over

by a steam train.

When it finally

happened, he was

chuffed to bits

Sony has a site where you can watch The Interview for £5.99. I can't think of a single reason not to trust them with my credit card info... **JULIAN MANGAN, Cardiff**

Not clever

I have a measured IO of 120, which puts me in the very superior intelligence level.

It only cost me £3.50, plus one standard rate text message, to find out. **GERAINT, Swansea**



TWEETS OF THE WEEK

Over the top



"Has anyone ever told you that you exaggerate too much?'

"Literally everyone."

CAT DAMON acornonthegoblin

Garden walk



Just off to the garden centre. *stands in the middle of the lawn*

TONY COWARDS atonycowards

Life starts now



I traded in my iPhone today for something useful.

BOB KOSTIC acausticbob

Bad vet



"I whip my hare back and forth" - unprofessional vet **JOE LYCETT aJOELYCETT**

Messv eater



"I'd like a bowl of soup, please.' "Any sides? "I hope so, or it'll go EVERYWHERE." **JAMES MARTIN apundamentalism**

SEND JOKES &

Joker Of The Week wins an Xbox One and a ZOO goodie bag!





Cheesed off

Chalk and cheese? Chalk and any food - it's not the cheese's fault! **DAVID ELMS, stand-up**

Rubbish offer

Why do some shops charge a penny for a bag because they're trying to be "environmentally friendly", then give you a whole tree's worth of receipts and special offer vouchers?



SICK CORNER I had to give my

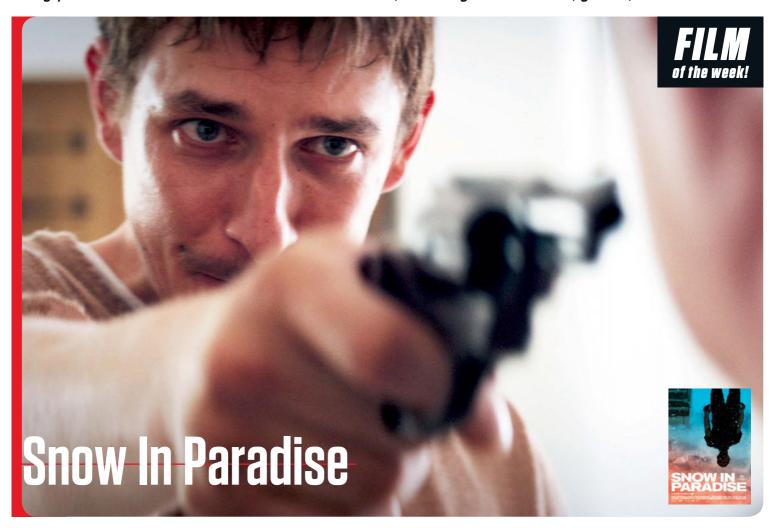
girlfriend CPR in the middle of sex last night.





Essential ★★★★★ Excellent ★★★★☆ Good ★★★☆☆ Average ★★☆☆☆ Poor ★☆☆☆☆

Plug yourself into this week's hottest entertainment, featuring the best films, games, music and DVDs



We don't usually do comic strip movies as well as the Yanks, but when it comes to relentlessly violent, realistic dramas, we can really hold our own.

Dave (Frederick Schmidt) is an antisocial, working-class lost soul who despises the gentrification of his beloved East London and makes the wrong decision in agreeing to act as a driver for his dodgy uncle. Together with best friend Tariq (Aymen Hamdouchi), the pair push kilos of coke around the capital. However, when Dave starts pocketing some of the goods for his personal stash, he quickly learns that having his head smashed in is the least of his worries.

With all the clichéd, Mockney undertones given the elbow, this feels like a breath of fresh air in an often-polluted genre. ★★★★☆





Hector (Simon Pegg) needs to leave his soulless job and boring relationship to explore the world and discover what really makes him happy.

He starts in Asia, where he dabbles with the theory that happiness doesn't always go

hand in hand with monogamy, before ending in the US where, after much soul-searching, he finally gets his answer.

Naysayers will call it slushy, but it's a feel-good flick that both you and the missus will enjoy. ★★★☆☆



Weird is what Saints Row does, and the latest open-world spinoff sees you take on the forces of Satan and provides the perfect tonic to what's been a barrage of all-too-serious games of late.

You can get the standalone expansion on next-gen, but

truth be told, you're unlikely to notice the benefit given the game's overly cartoony design. Besides, you'll be having far too much fun blasting Lucifer in the face with your duel minigun-mounted armchair to ever notice the difference. ***



Miles Teller plays a young jazz drummer, in this impressive story of struggle and courage. ***



Ex Machina This well-executed sci-fi, about a programmer who takes part in a cool experiment, will even wow non-geeks. ***



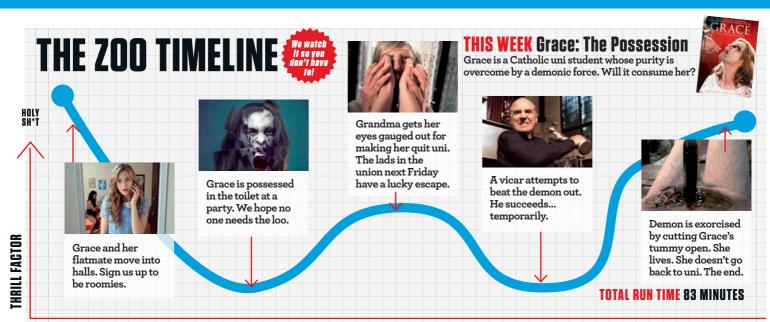
The Secret Service Colin Firth plays a suave spy in this fun-filled action flick. It's Tarantino meets Bond.



Inherent Vice This psychedelic crime caper is difficult to keep up with, but Joaquin Phoenix plays a hilarious druggie. **



While Mark Wahlberg is always a hit playing dark roles, this is one he won't be remembered



The Interview

When something's overhyped, it rarely lives up to expectations (unless you're offered a date with newly-single Irina Shayk). Unfortunately, the controversy surrounding the North Korean assassination comedy will lead you into the cinema buzzing with excitement, only to be met with laughs that could have landed a little harder.

James Franco and Seth Rogen's chemistry is

unfaltering. The sniggerinducing toilet humour is rife throughout, as they're tasked with a ridiculous assignment by their boss (cutie Lizzy Caplan) to take out North Korea's infamous leader, Kim Jong-un.

The real fun comes when the pair meet the not-so-menacing Kim, who turns out to be obsessed with Katy Perry. It's a fun watch, but you may as well wait for the DVD. ★★★☆☆





The

What If

Medical school dropout Wallace (Daniel Radcliffe) relationships in the past. So while those around him-including his mate Allan (Adam Driver) are finding perfect partners, Wallace puts his love life on hold, until he meets the lovely Chantry (Zoe Kazan) The belly-laughs you'll get from Driver make this a rare winner in the rom-com genre. ★★★☆



Various Artists Fifty Shades Of Grev

Fifty Shades will be one of the most talked-about flicks of this year. And with Valentine's around the corner, we've got the album to get your lucky lady in the mood. With tracks from The Weeknd and Ellie Goulding (check out her NSFW video Love Me Like You Do), it's the perfect soundtrack to a steamy night in. $\star\star\star\star$



Life Is Strange

The maker of the under-Me returns with the first episode in an intriguing new five-part adventure following one student's ability to rewind time and change history. It's a curious premise for a point-and-click game, hours of playing time. If only there was a way to fast-forward six weeks for episode two. ★★★★☆



Palo Alto

Soccer-playing student April (hottie Emma Roberts) is balancing an inappropriate crush on her trainer (James Franco, who wrote himself into the role) and a fellow student. What story is a load of partying, drugs and the struggle of growing up. If you can see past Franco's unrealistic portrayal of a sportsman, it's well-shot and worth a watch. ★★★☆☆





DANIEL RADCLIFFE

HI, DANIEL. YOUR CHARACTER IN WHAT IF IS A MED SCHOOL **DROPOUT, WHICH PLAYS NICELY INTO THE FILM. ROM-COM STORYLINES OFTEN SEEM TO BE PLUCKED OUT** OF THE AIR. WAS IT NICE TO **HAVE THAT ELEMENT TO HIM?** Ha, you're right! I think, for my character, you could probably pick a job out of the air, to be honest. That said, the med school dropout thing brilliantly comes to the fore a couple of times when people sustain injuries that he's suddenly expected to deal with.

HE CAUSES QUITE A FEW OF THEM HIMSELF!

Yeah, actually, he does! They're my favourite moments in the film. It's generally a wordy film, so it was nice to treat ourselves to moments of utter slapstick halfway through.

YOUR CO-STAR ADAM DRIVER IS OFF TO STAR WARS NEXT. **WAS IT HARD KEEPING A** STRAIGHT FACE DURING **TAKES WITH HIM?**

Adam Driver is one of the most hilarious improvisers I've ever met. I don't have extensive comedy experience, but with some of the lines he was throwing out take after take, it was a real struggle to keep a straight face. One of the things I got better at on this film was learning not to laugh on camera, because he would regularly say stuff that would make me want to corpse. My favourite one, and I think it's in the movie, was when he's watching old people play bowls and he shouts at one of them. "You couldn't find that stone if it was in your kidney." He's such an interesting guy, as well. He was in the Marines and he runs a charity organisation he's so smart.

WHAT'S TORONTO LIKE

I filmed two films in Canada last year - one in Toronto and one in Vancouver - and they were both a pleasure to work on. Canadians are really friendly and polite. They're everything their international reputation says about them. I had a great time there. I ate badly - lots of "poutine", which is basically chips smothered in gravy, cheese and bacon. It was a fun place to work.

TALKING OF EATING BADLY, ONE OF THE HIGHLIGHTS OF THE FILM IS THE "FOOL'S GOLD" **SANDWICH. DID YOU TRY IT?**

Yes! Fool's gold is amazing. It's a very large sandwich with a lot of peanut butter, jam and bacon inside it, and it's delicious. They made some on set for the montage in the movie. Me and one other guy were excited to try it and everyone else was being healthy and, frankly, gutless about it. Everyone should have tried it. It was lovely.

YOU ALSO WENT TO DUBLIN WITH THE FILM...

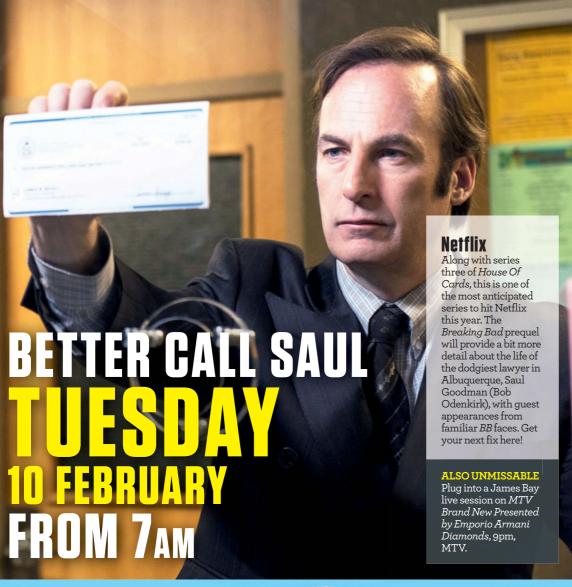
I got to go across to Dublin, for one day of shooting. I just got punched down some stairs by Rafe Spall and then had to run a bit. It was lovely to be there, though - it's always a pleasure to go to Ireland and Dublin's a great city. Dublin has a brief cameo, but it's shown beautifully in the film. This film uses the locations it has really well. That was a lovely shoot, and I got to work with the wonderful Oona Chaplin, who got to step over me and make sure I wasn't dead. What an experience!

→ What If is available on Blu-ray and DVD 9 February, courtesy of **Entertainment One**





30 WW.ZOOT COAT





MUST-SEE



This year's tournament kicks off in Cardiff, with all sides looking for form in a World Cup year. No pressure...



Sky Sports 1

LVG's "twitchy ass" could get a whole lot worse if the Red Devils drop points in the race for Europe.



BT Sport 1

H2

Back in the olden days, we were still obsessed with extraterrestrial action. Can these new archives find proof

of alien contact in ancient times? We

doubt it!

Spurs' tricky week doesn't let up as they travel to Anfield. It may be a little easier if the Reds start Balotelli..



Everton may need to embrace their "inner Bradford" to avoid another 3-6









ARE THEY A GOOD ON THE TELLY. HAD ANY MAJOR **DISTRACTION FOR** MEN, TOO? **OFFERS YET?** Oh definitely. If I'm wearing Not really. I hosted a show a low-cut top, you can count on Comedy Central called how many times men look The Sidemen Experience, down at my boobs when which was so much fun. But they're talking to me. Not really, I'd love to be like the new Games Master from that I'm blaming them; I'm the same when I see a the old TV show. YOU'D BE GOOD ON girl in a low-cut top. COUNTRYFILE, TOO... **ONTO OTHER THINGS: WE'VE ALWAYS** Oh yes! I love anything to THOUGHT YOU'D BE do with animals. I watch "My boobs are so big and need support. I'm a 30 GG!" FACEBOOK COM/ZOOMAGAZINE















FIFTY SHADES

ITV2's resident maniac livens up ZOO HQ as guest editor!

EY, KEITH. FIRSTLY, THANKS FOR **AGREEING TO BE ZOO'S GUEST EDITOR!** WE TRUST YOU'VE **ENJOYED YOURSELF?**

It's impossible not to. This has got to be the best job going, coming into work and being met with a shedload of boobs in your face! Very different to my first 9-5...

WHICH WAS...

I used to sell jeans on Leeds market! But then I thought, "F**k this, I love talking sh*t until I run out of things to say", so I made a tape, got an agent and before I knew it, I was on the telly. Then I met Holly Willoughbooby's bloke and Celebrity Juice was born.

> WHICH JUST WON THE "MULTICHANNEL" AWARD AT THE NATIONAL TV AWARDS. **CONGRATS!**

Cheers! I don't really know what it means, but we were up against Game Of Thrones and Geordie

Shore. If

"PADDY McGUINNESS: "WE WORK WELL TOGETHER!



Geordie Shore, f**king hell... At least we work hard on Juice: all they do is get p*ssed on camera! The next series is the 13th series, which scares me. Holly's back on the next one though, so I can't wait for that. It works best when I've got mates with me, like Paddy McGuinness.

PADDY STARS IN YOUR **NEW SHOW THE KEITH** LEMON SKETCH SHOW. TELL US A BIT ABOUT IT...

It's a simple sketch show, with a lot of personality; it's not just about lampooning celebrities. We've got our own characters like Urban Fox, a talking fox who terrorises a cul-de-sac. Then there's a bit in it called

The Keith And Paddy Film Bit, where me and Paddy McGuinness spoof classic film scenes as voted by the people on Twitter. Oh, my mum's in it, too! I can remember doing the orgasm scene from When Harry Met Sally, which has obviously been spoofed so many times that we had to take it a step further. We used squirty cream and other liquids. Paddy went, "I can't believe you're doing this in front of your mum!"

YOU SPOOF KIM KARDASHIAN. **AREN'T YOU WORRIED KANYE WEST WILL GET ANGRY AT YOU** FOR TAKING THE P*SS OUT OF HIS WIFE?

Do you really think Kanye West is going to series-link my show? I'm not worried! He probably doesn't even know what ITV2 is!

WHO ELSE DO YOU **IMPERSONATE** ON THE SHOW? Harry Styles, all

Morning team,

Willoughbooby, to name but a few. She actually said I look fitter than her!

WE'RE STRUGGLING WITH THAT IMAGE! SO. THERE'S A MASSIVELY SEXY FILM COMING **OUT SOON...**

You're talking about Fifty Shades Of Grey, aren't ya? I bet it's sh*t, but I really hope it's good. Everyone will go to see it - not for the film, but for the dirty bits. Loads of blokes will take their birds purely to get sex tips! It's basically a more porny version of Basic Instinct.









Ever fancied being stranded on a deserted island with no food, shelter and clothing for 60 days? Leicestershire explorer Ed Stafford went full Tom Hanks, and put himself through hell to tell the tale

I, ED. YOU DECIDED TO LIVE ON AN UNINHABITED ISLAND FOR 60 DAYS. WHAT WERE YOU THINKING OF?

I put a proposition detailing this to the Discovery Channel. The production company found one in the Pacific Ocean between Fiji and Tonga, and off I went.

WAS THERE A WATER SUPPLY ON THE ISLAND? When they did the recce, it had been rainy season, so there was this trickle of water down a rock face. When I got there, that rock face was just

damp. I had to make this wick system that drew water away from it. There was one drip of water every 40 seconds. WHAT WAS YOUR FIRST

Coconut. I got it, smashed the shell, drank the fluid and ate the pulp. I realised I'd need protein to keep my strength up, so I ate raw snails for the first couple of weeks - it took me 13 days to get a fire going. I vomited more than I defecated in

those first two weeks. The

snails have a parasite that can manifest itself in our brains. I didn't know that at the time. DESCRIBE THEIR TASTE... Gritty balls of phlegm, like bogies rolled around a driveway. I tried to eat 30

snails, three times a day, to keep my protein up. It was a doubleedged sword as they made me so sick. YOU FINALLY STARTED EATING FISH. HOW DID YOU CATCH THEM? net. I used rocks to build walls around the little rock pools to create a reservoir, so when the tide went out, I could get to the bigger fish. I'd bash one until I'd killed it. It was primitive. DID YOU ACTUALLY EAT THE FISH RAW? No, I didn't catch any until I'd worked out how to make fire. I'm an expedition leader – ex-military - but I did that with a rucksack full of gear. This was a project deliberately done outside my comfort zone. I never claimed to be a survival expert, so I had to work it out as I went along.

I didn't have a hook, line or

DID IT TAKE A TOLL ON YOUR MENTAL HEALTH?

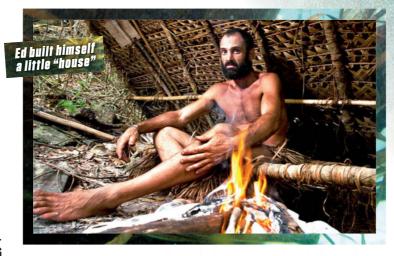
It did. I thought I'd be lonely after a couple of weeks, but from day one, it was quite overwhelming; there was too much to comprehend. It's rare you put yourself in a situation where you're totally reliant on yourself. There was no one to have a laugh with or whinge at.

WHAT WERE YOU MISSING FROM HOME?

Fish and chips, a pint of Guinness, seeing my mates, going to the pub – nothing fancy, just the basics. I found the isolation hard to deal with.

WHERE DID YOU SLEEP?

On the first night, I tried to cover myself in sand to keep the wind out. But it was wet and it took the heat out of me. I then slept in a cave for three weeks, but the wind howled through it. I was



until I finally got a fire going.
DID YOU MAKE A SHELTER?

Eventually, I built myself a little "house" in the woods behind the beach, and thatched it. I made myself comfortable, and using bamboo, made guttering which moved rainwater into a bucket. By the end, I had a vegetable garden,

and had made knives and a bow and arrow. I was even trying to make traps for the feral goats on the island.

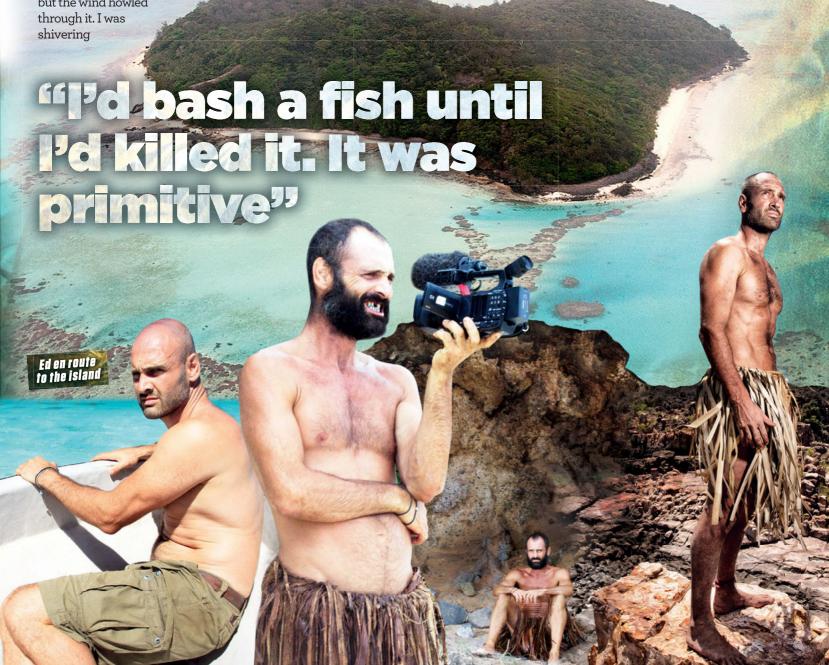
SO YOU STARTED TO ENJOY IT?

I never genuinely enjoyed it. There were moments of elation when things went right, but I just couldn't wait to go home. However, if I'd had to, I could have lived there long-term as I was getting progressively stronger each week. I was doing press-ups and chin-ups to monitor how fit I was.

YOU'VE ALSO WALKED THE LENGTH OF THE AMAZON. WHY DO YOU ENJOY PUSHING YOURSELF TO THE LIMIT SO MUCH?

You're only on this planet once. I could get a desk job, but it really scares me not to have these massive experiences. The idea that you could reach the end of your life and think, "I could have done more", terrifies me.

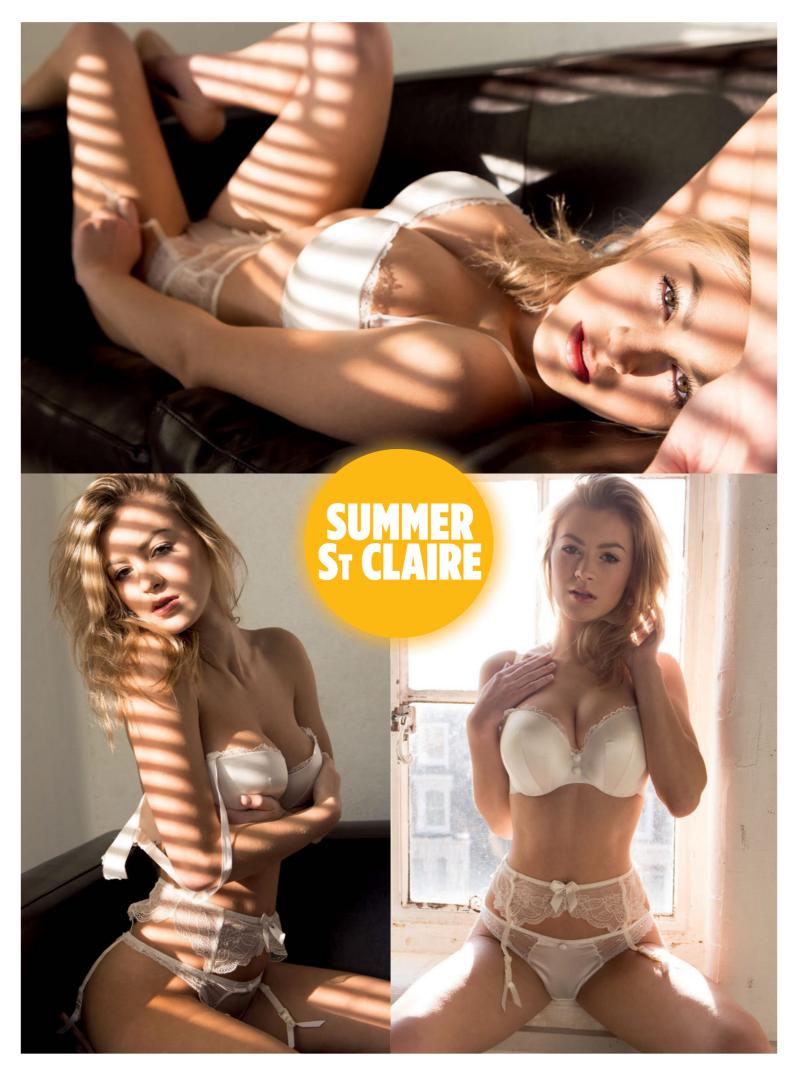
→ Naked And Marooned by Ed Stafford is published by Virgin Books, £8.99















"The race for the top four is really the race for third and fourth because Chelsea and Man City have commandeered the top two spots. But for third and fourth, it's wide open. Liverpool are heating up, Man United will be there, Southampton are starting to prove they're the real deal and West Ham will have a say as well. Arsenal will be used to the pressure of getting into the top four, so if Spurs want to stake a claim, they have to start by taking points from their North London rivals."

A Delector



STEVIE GAND TH REDS THAT USED TO BE BLUE

With his last Merseyside derby just days away, we look at the Liverpool stars who also used to be Everton fans

Steven Gerrard

Before moving into fourth on the all-time list for Merseyside derby scorers as a Red, Gerrard was famously pictured in the blue of Everton. The Toffees had just won the First Division in 1987 and Gerrard was taken to Goodison Park by his uncle to have his photo snapped with the trophy and the **Charity Shield.**



Adam Lallana

"Dad used to reminisce about the good old days when

Everton won the old First Division and the FA Cup back in the '70s and '80s, but they weren't quite so good when I started supporting them!" said Lallana of his childhood club.



Jamie Carragher

The 500-game **Liverpool legend** freely admits he was a massive Evertonian growing up, going as far as to describe himself as "the biggest Blue in Bootle". He even managed to score for both clubs, hijacking a Yakubu penalty to bag an own goal in his testimonial.



Michael Owen

With his dad Terry having started his career at Everton in the mid-'60s, Owen grew up supporting the Blue side of Merseyside and would often emulate Toffees frontman **Gary Lineker during kickabouts**



in the park.

McManaman "When I was younger,

I was desperate to sign for Everton, but they weren't as forthcoming. For a 15-year-old, your chances were better at Liverpool," Macca revealed.



PREMIER LEAGUE
Everton vs Liverpool

Sky Sports 1, 4.45pm





NICK HEWER'S HIRED OR FIRED!

PREMIER LEAGUE'S NEXT TOP MANAGER!

lord Sugar's sidekick and former Apprentice advisor Nick Hewer runs the ru



PAOLO DI CANIO

- Passionate but controversial leader with two years' management experience
- Likes telling it how it is, from confronting unhappy fans to branding former players "rotten" and "two-faced" after receiving his P45 from the Stadium Of Light
- Dislikes smiling during training and eating ketchup or mayonnaise
- Kept Sunderland in the Premier League and beat Newcastle at St James' Park for the first time in over a decade

Nick Hewer "Diplomacy is an important value in creating a team and that team includes the greater football family of that club, including the fans. Paolo has a bit of a temper, which means sometimes his judgement might be impaired. What happens when he confronts an unhappy board? I would ask,

Can you manage him, chairman?



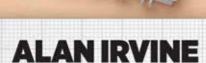


TIM SHERWOOD

d he in line for another nlum role

- Young manager, fresh approach to the game, likes to chuck a gilet about
- Openly accepts feedback, even going as far as to invite an opinionated fan to take his seat on the touchline
- Focused on homegrown talent can be credited for discovering Spurs star Harry Kane
- Highest win percentage of any Spurs boss in Premier League history, with 59 per cent
- Mouths off at other bosses a lot

Nick Hewer "Tim Sherwood is a young man who has demonstrated that he has the ability to build a successful team. What he lacks is the stardust that many Premier League chairman look for. If he were to go lower down the leagues and work that same manic over a longer period to establish himse then he'd become a much more attractive appointment."



- Largely worked as understudy to David Moyes, so learnt from the best
- Spent a combined three-and-a-half years in the top job of manager
- Sacked at every club he's managed
- Biggest achievement is taking Preston North End to the Championship Play-Off Semi-Final
- Looks a bit like a badger

Nick Hewer "Alan Irvine hasn't stayed anywhere in the top job for long enough. We don't want a butterfly; we want a boss who's going to be around for the long haul. Somebody who can build a team, buy wisely and bring through young players."



NEIL WARNOCK

- **■** Thirty-four years in management
- King of promotions, having achieved no less than seven in his career
- Qualified referee, so well-equipped to criticise officials when they get it wrong
- Does not bite his tongue when it comes to millionaire footballers either, calling El Hadji Diouf "worse than a sewer rat"
- Nicknamed "Colin W*nker"



Nick Hewer "Does getting clubs promoted compare to winning trophies? It looks to me like he might be a little bit intemperate and I don't think you should call anybody worse than a sewer rat'. We can probably do better, chairman."





FELIX MAGATH

- Old pro with 20 years' experience in management ■ Hard taskmaster, dubbed "Saddam" and the "last
- dictator in Europe" by former players Has some strange methods, like telling a player to treat a thigh injury with cheese
- Steered Bayern Munich to two Bundesliga titles, two German Cups and one German League Cup
- Wears weird glasses

Nick Hewer This man is a winner, atthough he might have gone off the boil as his greatest successes came in the first 10 years of his career. But he has an extraordinary record, so who cares if he's a bit cuckoo? What he needs to

do is take a long break



→ Nick is a spokesperson for the Samsung Galaxy Note 4

specifically designed to aid both work and play



be throwing everything at them, so they'll have to be at their best to beat us.

HAVE YOU SET OUT SOME NEW RULES IN THE **CHANGING ROOM NOW** YOU'RE CAPTAIN?

I've captained at other clubs before, and my first priority is to always get my own game in order and then make sure I lead from the front. The only thing I'll challenge my teammates on is effort, but luckily I've got a really hardworking group of lads around me, so that's not an issue.

DOES LEADING FROM THE FRONT MEAN BEING ABLE TO TAKE THE BIGGEST HITS?

There are some tough blokes in this league, and I wouldn't want to fight any of them to be honest. Leading from the front is not just about your toughness, but also about doing the right thing, and being skilful and composed. **NOW THE LEAGUE** HAS BEEN CUT TO 12 **TEAMS, WILL THIS BE THE MOST COMPETITIVE SEASON EVER?**

exciting, because when you look across the 12 teams, there are

It's really



no easy ties. There will also be a bit more at stake come the end of the season with relegation. It's going to make for a fantastic spectacle and the fans will be going nuts! HOW DEEP INTO THE SEASON WILL YOU START FEELING ALL THE BUMPS **AND BRUISES?**

I've been feeling them for the last three months! But when you really get stuck into the season, there's a period over Easter

that's

Russell Crowe: "He'll get a warm welcome!"

mental. You play on Friday, then a couple of days later on Monday and then again the following Friday. That's when you find out that toughness isn't just about how hard you can throw a punch, but also how much you can cop and keep getting up and putting that jersey on. WILL RUSSELL CROWE GET A WARM WELCOME WHEN HE BRINGS HIS SOUTH SYDNEY RABBITOHS OVER FOR THE WORLD CLUB

A lot of people are grateful to guys like that coming into the sport, so I'm sure he'll get a warm reception. The weather might not be as welcoming, though! English sides don't get much respect from the Aussies, so it's great to get a crack at them. I'm gutted Widnes aren't involved, but we'll definitely be supporting our English mates.

SERIES LATER THIS MONTH?

NEW SUPER 8s

Super League clubs play each other twice. home and away, plus one fixture at Magic Weekend

Championship sides will also play each other twice, home and away, plus one fixture at the Summer Bash

Clubs will then be split into three groups of eight, based on league position

Top teams continue as the Super League, the middle eight as Qualifiers and the last eight feature in the Championship Shield

Fixtures are then played by the clubs in their respective leagues

Top sides in the Super League will go into the play-offs to reach the Grand Final

Clubs in the Qualifiers will win a spot in the Super League for the next season, with the fourth and fifth-placed teams battling it out in the £1m Game for their chance at a Super League berth

Sides in the Championship go into the play-offs for the Championship Shield. The two bottom teams are relegated to League 1

BROWN'S BIG HITS FOR 2015!

Players to watch...

WIDNES VIKINGS "We've just signed him from Hull FC to replace our ex-skipper, so he has to be



WARRINGTON WOLVES "If the Man Of Steel can replicate what he did last year for Castleford Tigers at Warrington, they're going to be very tough to beat!'





Team to beat... "When you look through their team, it's crazy how much talent they've got.'







Dark horses... "We want to sneak under the radar, so just whisper that one. We're going to be something special this year - I can feel it!"



ZOOSPORT



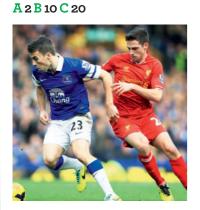






What player's decapitated head was unfurled on a banner during Standard Liege and Anderlecht's Belgian league match?

How many goals in total did the Merseyside derby produce last season?



Phil Neville caused a storm by saying he'd do what to Arsenal maestro Tomas Rosicky after his no-look pass against Brighton in the FA Cup?

Answers at of the page!

Which outspoken ex-England batsman has called for an

English T20 franchise league?

In what round did the UFC's American Anthony Johnson see off Sweden's Alexander Gustafsson in Gothenburg?

Who were the last Six Nations side to do the Grand Slam?



What did Cambridge United chairman Dave Doggett reveal he'd spend their £1m windfall on from their Old Trafford FA Cup replay against Man United?



Can you name the boy racer who's posing by his one-of-a-kind

AMG-powered Zonda?

What side finished top of the Super League by one point in 2014?



Arsenal goalkeeper David Ospina's sister Daniela plays for Real Madrid's women's volleyball team, but who is her Galactico husband?

FANZONE!

lackadaisical

/ lake deizik(e)l/ 4)

lacking enthusiasm and determination; carelessly lazy.
"a lackadaisical defence left Spurs adrift in the second half synonyms: careless, lazy, lax, unenthusiastic, half-hearted indifferent, uncaring, unconcerned, casual, offhand, blasé, insouciant, leisurely, relaxed; More



Unwise move **Dennis Wise appeared** on Setanta Sports' FA Cup coverage with a dodgy hairdo. The "Lego Man' look ensured Mourinho's men weren't the only Blues enduring hairy moments in the competition.

Golden boots

Having picked up a couple of Golden Boots in his time, Lionel Messi took to Instagram to rib teammate Dani Alves for his attempt at wearing bling footwear - glittery gold teddy bear shaped trainers. They're far from award-winning.





Who are ya?

Zlatan Ibrahimovic got a taste of his own medicine vs AS Saint-Etienne when he checked the back of Paul Baysse's shirt to see the name of the player that was irking him. Baysse returned the favour - and Zlatan wasn't amused.

"Mourinho's right, your fans are sh*te!"

White Hart pain

Spurs fans should avoid Google after the search engine used the club to define the meaning of the word "lackadaisical" with the line, "a lackadaisical defence left Spurs adrift in the second half". Younes Kaboul will not be happy...

Separated at birth?





GETYOUR SECTION OF THE PROPERTY OF THE PROPERT

HALLPAPERS

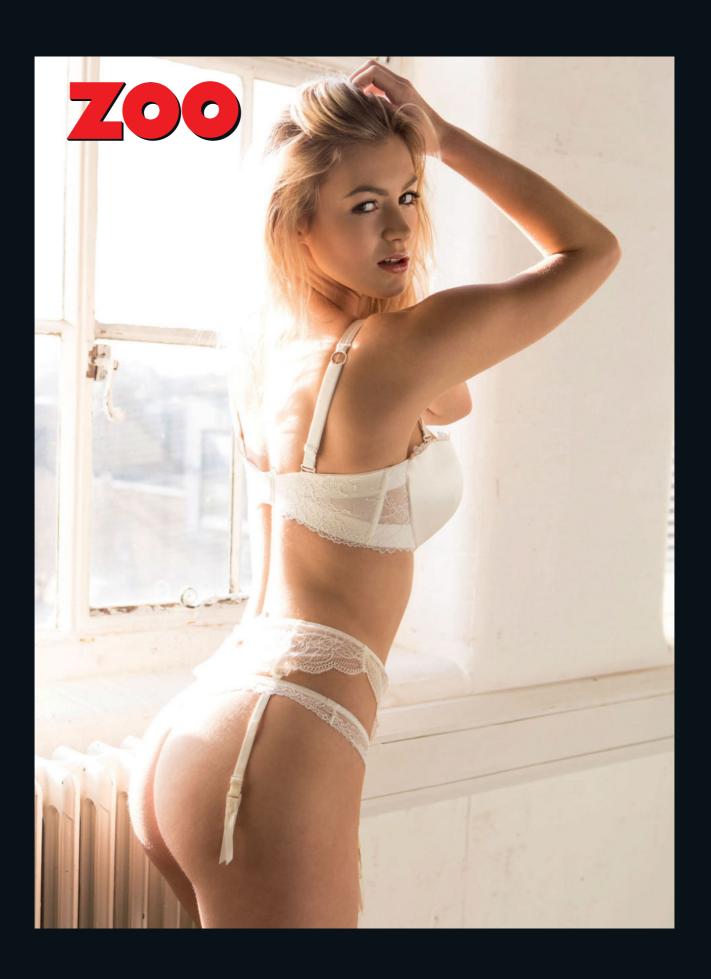
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Swipe to select your favourite babe, then take a screengrab (on an iPhone, press both the power and control buttons simultaneously. If you don't have an iPhone, your device will have its own weird way), then upload from your gallery as your wallpaper. Hey presto you're the man!











It's the world famous...

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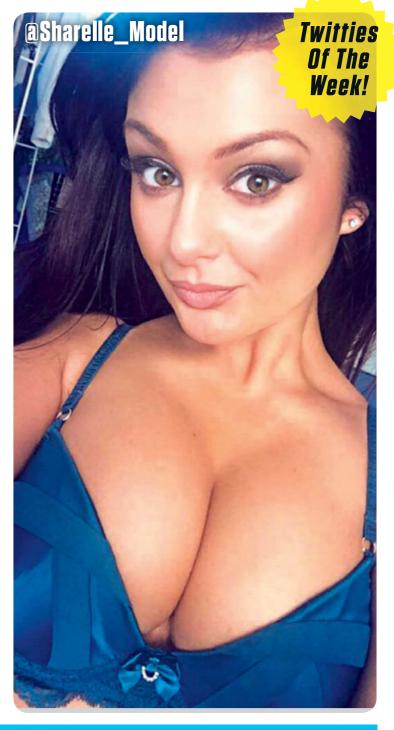
aGemmaLago2



arose_snell



atwisteddoll85



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